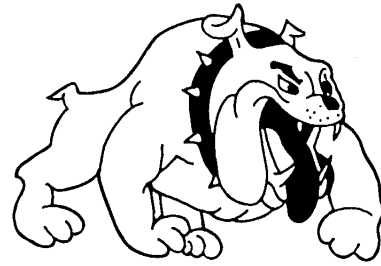


**PHYSICAL EDUCATION I**  
**20 WEEK PHYSICAL EDUCATION COURSE**  
**ROMEO HIGH SCHOOL**  
**COURSE SYLABUS**  
**MR. DELAMIELLEURE**  
**WEBSITE: [www.romeophysicaleducation.weebly.com](http://www.romeophysicaleducation.weebly.com)**



**Course Outline**

Physical Education is a sequential developmentally appropriate educational program that provides students with the knowledge, skills, fitness, and attitudes necessary to lead a healthy lifestyle.

A physically educated person who participates in health-enhancing physical activity:

- demonstrates competence in selected motor skills;
- assesses, achieves, and maintains physical fitness
- applies cognitive concepts in making wise lifestyle choices and
- exhibits appropriate personal-social character traits while participating in physical activity.

**Grading Policy:**

In this class a large portion of your grade will come from daily participation & effort. There will also be grades given on projects throughout the semester. If you are absent from class on any given day you will not be awarded points for that particular day until you meet the make-up requirements for that particular day. Please see instructor as to what these requirements are. This goes for both participation points as well as assessment points. Please see below for the difference in these two grades.

**Formative Assessment Points:** You will have the opportunity to earn 4 points per day for daily tasks, social interaction, demonstration of proper techniques, following correct procedure, and the proper use of equipment. To earn these points you will have to dress in the proper clothing and take part in the day's lesson. These points will make up 10% of your total grade.

**Summative Assessment Points:** Each week you will receive a summative assessment that will be a collection of daily assessments that week. Each day you are in class you will have the opportunity to earn 4 points that are based on standards, expectations, and effort. At the end of each week these small daily summative assessments will make up one weekly summative assessment. To earn these points you must follow the daily lesson and put forth your maximum amount of

effort. Any other summative tests will also be included in these points including written tests and fitness testing. Summative assessment points will make up 90% of your total grade.

Please see rubric below to understand how to earn your points every day.

**Attendance:** If you are absent from class on any given day you will not be given your points until you make up the work for that day.

**No Dress Mark:** Any student who does not dress for class will lose the total amount of points for that day. If a student receives 5 no dress marks for a marking period that student will automatically receive an F for the course. Each no dress a student receives will result in a 5% reduction in overall grade. (You are allowed to make up 2 no dresses outside of class)

**Assessment Scoring Rubric**

<b>Points</b>	<b>Requirements</b>
4	On task entire hour and working extremely hard at every part of the lesson.
3	On task entire hour and working hard but not to maximum ability.
2	On task most of the hour but spend time off task stopping early or socializing.
1	Dressed but spend a lot of time off task not putting forth a lot of effort.
0	Student did not dress for class.

**Materials**

You will need proper clothing that is different from the clothes you wear to school. (Shorts or sweatpants, tee shirt or sweatshirt, and gym shoes)

You will also need a combination lock. Each student will be assigned a locker to put your materials in. Do not tell anyone your combination, and do not store anything of any value inside of your locker.

Each student will be required to have a folder specifically for physical education. This folder will be checked periodically throughout the semester and should contain all materials given to you throughout the semester.